

COWBOY'S REST TROOP CAMP PACKING LIST

It is not necessary to purchase new equipment for camp - be creative and use what you have! Old clothes work best at camp. Clothing will become soiled, as the area is dry and dusty in the summer.

There are two safety rules for clothing. All girls and adults must wear a shirt with sleeves (except when swimming). Shoes must have closed toes and heels. Mules, flip flops and sandals will only be allowed to and from the bathrooms and the lake.

We ask that you **label all items** that are brought to camp with the camper's first and last name. An indelible laundry marker or name labels work best.

Leave at Home: Candy, gum, food, valuables, radios, hairdryers and curling irons, aerosol cans, glass containers, sandals and clogs/mules (closed toe shoes with enclosed heels only). Any of these items found at camp will be held in the office until the end of the session.

Lost and Found: Any items left at camp will be returned to the Girl Scout House in Elko. Items not claimed by August 30, 2011 will be donated to charity. Girl Scouts of the Sierra Nevada is not responsible for any item lost at Cowboy's Rest Troop Camp.

Luggage Limits: Due to limited space, luggage is limited to: A bedroll (sleeping bag, pillow and blanket) and one large duffel bag, suitcase or backpack. **Please do not pack any medications! Bring these items with you to the check-in station at camp.**

Weather at camp, just like any mountain area, can be unpredictable. Nights are cold. Warm clothing for evenings and nights is as essential as T-shirts and shorts are for the day.

On the back of this sheet is a list of suggested items to bring to camp.

CHECK LIST

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| _____ Socks | _____ Hat |
| _____ Underwear | _____ Pillow |
| _____ Shirts | _____ Comb or Brush |
| _____ Sweater/Sweatshirt | _____ Toothbrush/Paste |
| _____ Long pants | _____ Shampoo |
| _____ Shorts | _____ Soap in Container |
| _____ Warm Jacket | _____ Washcloth & Towel |
| _____ Warm Pajamas | _____ Chapstick |
| _____ Bathing Suit and Towel | _____ Sunscreen SPF 20+ |
| _____ Sturdy closed-toed shoes | _____ Sanitary Supplies |
| _____ Raincoat/Poncho | _____ Bug repellent
(Non-aerosol) |
| _____ Warm sleeping bag (no slumber bags please) | _____ Water bottle or canteen |
| _____ Flashlight with batteries | _____ Life Jacket |
| _____ Old shoes and socks for creek walking | |
| _____ Fanny pack | |

OPTIONAL ITEMS

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|-------------------------------------|--------------------------------|
| _____ Laundry Bag | _____ Colored pencils, crayons |
| _____ Whistle on a String | _____ Gloves and warm hat |
| _____ Camera | _____ Binoculars (cheap) |
| _____ Pen, Paper, Stamps, Envelopes | _____ Badge Book |
| _____ Swaps | _____ Journal, pens & pencils |